





RiteView is a publication of the Scottish Rite Foundation of Colorado Clinical Partner Programs. For more information, please contact: scottishriteprogram@childrenscolorado.org



SPRING UPDATES

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Kristin Uhler, Ph.D., Kelley Family/Schlessman Family Scottish Rite Masons Chair in Childhood Language Disorders

In April one of our special camp programs took place. Caroline Woeber, M.A., CCC-SLP and Brian Manzanares, MA, CCC-SLP led another successful First Steps Camp. This camp would not have been possible without the help and support of Lisa Martin, M.A., CCC-SLP, Felicia Hardney, AAC Program Assistant, and Jeannie O'Neil Scottish Rite Foundation coordinator. This camp is offered twice each year. It is a family education and experience program for children and their families who may have recently received their Augmentative and Alternative Communication (AAC) device or are waiting to receive it. The camp provides parents training surrounding the necessary tools and strategies to successfully use AAC through a Speech Generating Device for their children with complex communication needs. This weekend-long camp takes place at the Easterseals Colorado, Rocky Mountain Village in Empire with the generous support of the Scottish Rite Foundation and the Rollie R. Kelley Family.

May is Better Hearing and Speech Month. During this month Audiology and Speech-Language Pathology professionals highlight their role in providing diagnostic, intervention and prevention work. This RiteView amply demonstrates how our RiteCare© and Treasure Chest partners are achieving better communication for all children. With Scottish Rite Foundation help, we make every month "better hearing and speech month" for so many children.







Children's Speech and Reading Center Hosts An Evening with Dr. Temple Grandin

RITEVIEW

On April 10, 2018, Dr. Temple Grandin, a professor at Colorado State University, spoke to children, parents, and speech-language professionals at the Loveland Museum and Gallery. The event, open to the public, was made possible by the Scottish Rite Foundation's Community Benefit Grant.

At first, you may wonder why this event was held since Dr. Grandin is a CSU professor of animal science and a consultant to the livestock industry on animal behavior. But for the audience of children, parents, and speech-language professionals, she was the perfect presenter. You see, Temple Grandin is one of the first individuals on the autism spectrum to publicly share insights from her personal experience of autism. She invented the "hug box" device to calm those on the autism spectrum. In the 2010 Time 100, an annual list of the 100 most influential people in the world, she was named in the "Heroes" category. Dr. Grandin was the subject of the Emmy- and Golden Globe-winning semi-biographical film, "Temple Grandin."

In her presentation, she was joined by Trust, a thirteen-year-old with autism and former SRF recipient. Trust interviewed her. This was followed by an hour of open question and answer about anything and everything imaginable. Dr. Grandin gave advice about specific children on the spectrum and how she got where she is today. The evening's discussion was sewn together with seeds of good humor. Her insights were inspirational and uplifting.

Following the presentation, Dr. Grandin held a book signing and her books and t-shirts with her quotes were for sale at the event. Everyone in attendance received a free canvas grocery bag with one of her quotes of inspiration and on the reverse side were the Children's Speech and Reading Center and RiteCare© logos.

In addition, CSRC created a scholarship in honor of Dr. Grandin to help children with autism. It was created with her approval. Donations were accepted at the event. In addition, CSRC worked with her in designing the t-shirts currently on sale to support the scholarship fund.

This is just one more activity illustrating the type of community involvement we are engaged with because of the opportunities enabled by the Community Benefit Grant program.



Submitted by: Andrea Orrison RiteCare Program Director - Children's Speech & Reading Center, Ft. Collins





RITEVIEW

Submitted by: Vernon B. Ingraham, 33° Grand Cross, Executive Secretary, Scottish Rite Foundation of Colorado



In March I was at CU-Boulder and in April at UNC to meet with the first-year graduate students in speech-language pathology. I always enjoy these annual visits in explaining the foundation's graduate scholarship program requirements and application process. It makes me feel young again to be on campus as I was 45 years ago. Well, perhaps that is not quite right. I've changed a bit since then, but not too much.

As you may know, the foundation initiated the scholarship program at UNC in 2003 and at CU-Boulder in 2005. Through last year, 64 students have been recipients of the \$5,000 scholarship, with our financial support to date totaling \$320,000.

In March and April, I met with some 60 students, about half at each of the two universities. Also, this year I was delighted to be accompanied by one of our Scottish Rite Foundation of Colorado Board of Trustees members, Thomas Magnuson. Tom and I are looking forward to doing some joint presentations in the future. This outreach is an opportunity to better help the students understand who we are, what we do and, most importantly, to encourage those eligible, to apply and to compete for this merit-based scholarship.

Above the entrance doorway to one of the first buildings (now gone) at The Children's Hospital (now Children's Hospital Colorado) was the phrase, "For a Child's Sake." That phrase so succinctly and wonderfully summarizes the essence of what you do and why you do it. And it helps to keep our focus in the foundation on continuing to provide financial support not only for the children in therapy and their families but also for the outstanding scholars who are studying to become certified speech-language pathologists with the goal of working with young children in Colorado – "For a Child's Sake."



Spring

2018





Montrose Grandmother shares her story

RITEVIEW

Submitted by: Patti Anderson, RiteCare Program Director Montrose Memorial Hospital

A grandmother's story: Ellen

I would like to thank Scottish Rite Foundation for their support in Montrose Colorado. When my grandson was 20 months old I brought him to Montrose until his mom could come to Colorado with his younger brother. When I got him to our house I realized that he pointed, grunted and did not say any words except,"mama and dada". If he looked at you he could get what we asked for, but if he was not looking at us we thought he was just ignoring us. When his mother came with his younger brother I talked to her about the possibility of speech therapy. She got a doctor's prescription and we started with speech therapy. He was evaluated in June and by the beginning of July the speech therapist wondered if he was hearing or not and suggested an audiological evaluation. The speech therapist looked at the results and suggested that we go to Grand Junction, Colorado to a specialist. The speech therapist continued to work with him with sign language and verbalizations. At his doctor's appointment the end of July, it was suggested that they put tubes in his ears. The surgery was scheduled for the first Thursday in August. Following surgery, the doctor informed my daughter that he was not sure the tubes would work and he may need hearing aids. She took him back after a week and he in fact was hearing. He continued to receive speech therapy until the family returned to their home. During the next 3 weeks he learned 15-25 new words a day. He is now almost 8 years old and on his fifth set of tubes. If it wasn't for the Scottish Rite Foundation therapists that work in Montrose realizing that he had a hearing problem, and the RiteCare program assisting with the cost of speech therapy, I'm not sure where he would be. My grandson currently reads, comprehends and speaks about what he reads at a 5th grade level and he has just finished second grade.









PROGRAM UPDATES FROM THE PINON PROJECT IN CORTEZ

RITEVIEW

Submitted by Maggie Tevault, Treasure Chest Coordinator-The Pinon Project, Cortez

Last year The Early Childhood Program at The Pinon Project Family Resource Center in Cortez, CO was fortunate to receive the SRF Community Benefit Grant for the purchase of an Otoacoustic Emissions (OAE) machine to conduct hearing screenings for young children throughout our community. OAEs are an effective way to screen for hearing loss, as the child does not have to indicate whether they hear a sound or not and can be used for children of all ages. Last month we partnered with the Tree House Early Learning Center to conduct hearing screenings on all enrolled children. We completed screenings on more than 50 children whose parents signed consent forms. The majority of the children passed their initial screening. For the two children where the OAE equipment showed a "refer" the children were rescreened after 2 weeks, per procedure. Upon follow up, if the status of the test remained the same, we encouraged parents to contact their primary care provider for further evaluation. One of the children who received a referral is now in the process of having medical intervention due to middle ear issues. Another child who referred on the screening is in the process of receiving a comprehensive hearing evaluation. Upon conversation with his mother regarding test results, she mentioned that hearing loss is common in her family.

This screening promotes early detection of hearing problems, which plays a crucial part in helping these children avoid further delays in language development. The ability to offer these services to families in our community aligns with our mission here at Pinon Project of providing comprehensive services to families which in turn will strengthen our community. We are incredibly grateful to the Scottish Rite Foundation for supporting us in this mission! (Pictured: Violet, Pinon Early Childhood Program Staff w/ Tree House ELC Student)





RITEVIEW



Families Express Thanks to the Scottish Rite Foundation

Treasure Chest Family Express Their Appreciation

The family was one of our Treasure Chest participants during the 2017-2018 academic year. Below is the testimony that the mother, Angelina, gave:

Dear Scottish Rite Foundation:

This program has helped my family in many ways this year. It has helped us spend more time together as a family. The Treasure Chest Tubs have great educational activities that my whole family can enjoy. One of my favorite things to do is play the board games with my family. My son Julio, loved the Dinosaur Tub we probably put together the dinosaur puzzle at least 40 times. I would really like to see this program continue throughout the summer. Coming from a low-income family, I cannot afford to buy educational materials, so I really appreciate what the Scottish Rite Foundation has given to our family, and many families like mine. Thank you for all your support. My daughter will start preschool next year and I am looking forward to participating in the Treasure Chest Program again. I am very confident that my son Julio will excel in kindergarten given the wonderful head start we had this year.

Thank you, Angelina



Submitted by Carmen Marsh Treasure Chest Coordinator, Rocky Mountain SER Western Slope HeadStart

Submitted by: Jennifer Moore, RiteCare Program Director Gunnison Valley Health

A letter from a family who recently obtained Scottish Rite funding. Here is what they wrote:

Isaiah had been going to speech therapy at GVH for about a year now. He was on Medicaid until February of this year when we no longer qualified. Right before this, the school started suggesting that we should consider putting him into special education because of his speaking challenges. This was not something we thought he needed. We began considering waiting for kindergarten another year and we started going to therapy 3 times a week, instead of just 2. We started seeing huge improvements in his speech. About three weeks into this we learned that we were not going to qualify for Medicaid. Speech therapy would cost our family between \$240-\$600 a week. This is not a cost we could even come close to affording. We then learned about the Scottish Rite funds available to families like ours and applied for the scholarship. We were approved and now can afford the copay. Isaiah can now continue his sessions. He is making such amazing improvements he will even be going to kindergarten this fall. He's started to use his sounds on his own, and strangers are even able to understand him. He has worked very hard and with the aid of Scottish Rite funds he will be able to learn the correct way to speak and reach his maximum potential, we are very grateful and excited about this! Thank you, Scottish Rite! Sheila and Sunny









Submitted by: Amy Neilsen, RiteCare Program Director – St. Mary's Life Center, Grand Junction

News from St. Mary's Life Center, Grand Junction.

On Monday April 26, 2018, we presented the final parent education program that we developed with our 2017 Scottish Rite Foundation Grant dollars.

The programs presented to the community included:

- Game Night-learning how to use games to teach speech and language
- Literacy –using books to build communication skills
- Early speech and language development-learning typical development of language and speech milestones and enriching the environment for language learning
- Early Play the Foundation for Language Development-learning how to play for the purpose of discovery and learning.
- Executive Function-learning about executive function skills and how they impact our lives.
- Picky Eaters-how to make eating, growing and learning more fun.

We had great reviews from the attendees, which was primarily comprised of local early childhood educators, day care providers, a few foster parents and some of our local Masons.

We will continue to provide parent education in 2018 using our "Lobby Learning" model which is also being sponsored through our 2018 Scottish Rite Foundation Grant. We will be providing daily parent education programs, through a television installed in our lobby, and prerecorded programing, for the parents and caregivers of our current clients as they are waiting for their child's appointment or while they are waiting for their child to return from their appointment.

Our mission is to make sure our families are equipped to assist their children in reaching their full potential.

We are very grateful to be partners with the Scottish Rite Foundation of Colorado.

Community Benefit Grant Updates

UNC Pilot Treasure Chest Program

Here at UNC, our first-year graduate students have been quite busy working with Greeley parents to support their young children's emergent language and literacy. Through a generous Community Benefit Grant from the Scottish Rite Foundation, we were able to create 42 treasure chests and serve a total of 25 families and 34 children in the Greeley community. All 24 first-year graduate students participated in the program and provided coaching and consultation to the families. Thank you, Scottish Rite Masons, for positively impacting the lives of young children in our community and for supporting the training of Colorado's future Speech Language Pathologists!



Submitted by: Kim Murza, RiteCare Program Director – University Northern Colorado





PROGRAM UPDATES FROM UNIVERSITY OF COLORADO - BOULDER

RITEVIEW

Dr. Ryan Pollard's description of the upcoming "Colorado Speaks" stuttering camp for teens:

Imagine being afraid to say your own name. For most people, the very idea is inconceivable, as foreign as worrying about tripping on the sidewalk. But for many of the over 3 million Americans who stutter, that fear is real: as real as their reluctance to use the telephone or their shame of being different from others. Stuttering is a widely known but little understood speech disorder. After decades of research, we still don't know the exact cause, but it is clear that the brains of people who stutter process the intricate and rapid movements of speech differently than the brains of fluent speakers. We also know that stuttering tends to run in families, it affects up to 10% of young children, and it is seen much more often in males than females. Add to that the fact that stuttering can be highly variable—showing up conspicuously in one situation while vanishing in another—and you have a disorder that is often as perplexing to listeners as it is to people who stutter themselves.

Fortunately, there is help available for those who stutter. Life needn't be an endless struggle to express oneself, nor each day a series of potential frustrations and embarrassments. The University of Colorado's Speech, Language and Hearing Clinic offers individual stuttering therapy for all ages, from preschoolers to college students to older adults. The Clinic also offers a free, weekly support group for adults who stutter. The Clinic's fluency program is supervised by Dr. Ryan Pollard, CCC-SLP. Dr. Pollard, a person who stutters himself, utilizes a comprehensive approach to treatment that recognizes stuttering is often more than meets the eye— or the ear. The negative consequences of speaking differently, such as shame, frustration, and isolation, can often be more limiting than the things most of us notice when talking to people who stutter: the repeated sounds, broken speech, and visible struggle to get a word out. These mental and physical barriers to communication impact individuals differently, so treatment is tailored to help each client learn to better cope with his or her own, unique speech challenges. Over the course of therapy, clients learn that there may not yet be a cure for stuttering, but it can be managed like any other chronic condition, and even if some disfluency remains, they can still be very effective communicators.

Perhaps at no other time of life can stuttering be more of an obstacle than in adolescence. Stuttering can negatively impact a teen's self-esteem and confidence, and can make social interaction even more difficult. Everyday situations like speaking up in class, ordering food, or asking a store clerk a question are rarely given a second thought by most teens, but they can be avoided like the plague if you're a teen who happens to stutter. In recent years, several summer camps around the country have been developed to help these young people build their communication skills and connect with others who understand what they're going through. Now such a camp is coming to CU Boulder. **Colorado Speaks** is a free, week-long day camp for teens who stutter that will be held on the CU campus this June. This unique camp is completely funded by a generous grant from the Scottish Rite Foundation of Colorado. It is the first of its kind in the state, created through an exciting collaboration between the CU Speech, Language and Hearing Clinic, Children's Hospital Colorado, Friends (a local non-profit for children who stutter), and the Scottish Rite Foundation. After a successful pilot program last year, the camp is ready to welcome teens from across the state for a week of growth, connection and, most importantly, fun!

For more information, please see

https://www.colorado.edu/slhs/sites/default/files/attached-files/summer_stuttering_camp_2018.pdf.

Submitted by Dr. Ryan Pollard, CU Boulder





CU BOULDER FAMILIES EXPRESS THEIR APPRECIATION AND THANKS

RITEVIEW

Dear Scottish Rite Foundation,

We want to say thank you for your generous support of Jonathan's schooling the past year at the Childhood Learning Center (CLC) at CU. He is 5 years old, has Down Syndrome, and loves going to school at the CLC. This year's growth at the CLC has been amazing. They have really been observing and learning why he has certain behaviors and have put valuable strategies into practice to help him with his social skills with other children: in transitions between activities; and to help him learn how to self-regulate when the environment is too overwhelming for him. He has struggled tremendously the past few years in these areas and I feel like things are finally improving because of the help he got this year at the CLC. It has really helped him and our family. He and we, have so much support there. We feel like the teachers listen to us and want to know how they can best helphim along with new goals and achievements. They have initiated new routines because of things we have said we want Jonathan to learn, like writing his name, and so the whole class gets in on the fun of learning newthings. This year has been particularly rewarding there and weare so grateful for your help and support which has enabled us to participate there. Thank you very much.

Sincerely,

Lezlie, Doug and Jonathan



Submitted by: Shelley Sheppeck, CU Boulder

Fear.

Grief.

Sadness.

These are the emotions I felt 6 years ago when my son was diagnosed with dyslexia. Not because of his diagnosis (I was actually thrilled that there was a name for all the difficulties he was having), but because of the long and costly road ahead for our family. "How are we going to find someone to explain to him what's going on?" How are we *ever* going to afford the professional support he will require? "Who's going to help us?"

Through the generous financial support our family received from the Scottish Rite Foundation, I would like to report that not only has my son received some of the most valuable one-on-one instruction at the University of Colorado Speech, Language and Learning department, they have given him the gift of freedom. Not once was he made to feel different or at a disadvantage. He never complained about going. Every evaluation and clinic was a new and different experience. When my son hit a wall, the dedicated faculty and graduate clinicians rallied to engage him in his progress. Most importantly, they gave him the confidence to take on new challenges and never give up.

In three weeks, my son will be awarded the "Extra Mile Award" at his middle school graduation. This award is given to one student in the whole school who has overcome hardships and obstacles in his/her life to succeed in life. I thank Dr. Anne Whitney at the University of Colorado Speech, Language and Learning Center along with the Scottish Rite Foundation for never denying us services and giving us hope.

Sincerely, Lori

Submitted by: Shelley Sheppeck, CU Boulder





Scottish Rite Foundation of Colorado RiteCare Program Directory

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